

Cheese Tortellini and Mini Meat Dumpling Soup

This is a great meal for winter. You can also make extra meatballs and freeze them for a later time.

6 cups chicken broth
3/4 pound ground beef and pork mixture
1 egg, beaten
1/2 cup plain breadcrumbs
1/3 cup shredded parmesan cheese (plus extra to serve for topping)
1/4 teaspoon nutmeg
Salt and pepper to taste
12 oz package cheese filled tortellini

Combine ground meat with egg, breadcrumbs, cheese, nutmeg, salt and pepper in a bowl. Roll into small walnut-size balls. Once the chicken broth is simmering, add the meatballs. Let the broth come back to a simmer, then add the tortellini and cook according to package directions.