

Baolis (bay-ol-ees)

I got this recipe from my mother-in-law. She said it's Jewish, but not sure of the spelling. It's super easy and great for a quick meal.

Onion hamburger buns (I know, these only come in an 8-pack)

Avocados (I use one per bun)

Shredded cheddar and mozzarella cheese (we like lots of cheese)

Smash up the avocados. Add some seasonings. For this, I do not have measurements (which is so unlike me). I just sprinkle some of each in for flavor. I use cilantro, salt, garlic salt, a dash of lemon juice, and a couple drops of hot sauce.

Place the buns face up on a cookie sheet. Spread the avocado onto each side. Cover in cheese. Broil on low until cheese is golden brown. You may want to top it off with a slice of tomato.